



Dr. Elfriede Biehal-Heimbürger, born 1954 in Southern Germany, studied psychology, organisational psychology and educational science in Freiburg, Darmstadt and Vienna. Registered psychotherapist and teaching therapist in Gestalt psychotherapy. Independent consultant and trainer since 1982, founder and teacher of the Academy of Social Management, since 1989 Trigon partner. Training and Development in: Gestalt –Therapy and Gestaltpsychology, client-centred therapy, conflict management, TA, TZI, systems theory. Publications on the subjects of personality development. Married, three children, lives in Vienna. Leisure activities include travel, hiking, music. e-mail: [elfriede.biehal-heimbuerger\[at\]trigon.at](mailto:elfriede.biehal-heimbuerger[at]trigon.at)

Current Focus of Activities:

- Coaching and supervision: individual, group and team coaching for managers, individual and team supervision
- HR-Development: HR development for managers, personality-, and career development, communication, assessment centers
- Training and development for managers on the subjects of personality development, leadership, conflict management, team development, HR-, and organisational development
- Change management and organisational development processes in SMEs, large group interventions

Fields of experience (topics, projects and customers)

Elfriede Biehal-Heimbürger's main focus is supporting the development processes of individuals, groups and teams. Her strengths lie in coaching, conflict management, team development and in the challenging tasks of HR and personality development. Here is a selection of her customers from recent years: Erste Bank, voestalpine, KPMG, BMW, ELIN, Cari-tas Upper Austria, Raiffeisen KAG, regio team (CH), s-bausparkasse, Sparkassenakademie, Linz AG, Casinos Austria, Fraport (D), JaW, Landespensionistenheime Lower Austria, OMV.