

Erika Bergner MAS



born 1957 in Zürich, Switzerland.

Erika Bergner is a consultant for organizational development and has a diploma in supervision BSO.

Further she is a Mediator SDM-SFM. As a professional coach, she is a member of the International Coaching Federation and has a diploma in teaching adults. She worked several years in Public Health Services. She also has broad experience in other service companies in the retail trade, travel agencies and banking. Since 1991 she has been self-employed as a consultant in organisational development and in accompanying and training people in profit- and non-profit-organizations. Since 2003 she has been working with Trigon sporadically and in 2007 became a member of Trigon Cooperative Graz.

Lives in Uster, near Zürich, Switzerland.

Interests: Activities in nature e.g. walking, skiing, biking, bird watching, african music, photography and poetry

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Current focus of activities:

- Designing sustainable processes for change and organisational development and facilitating and supporting the transfer into practical application
- Creating designs for the future, e.g. vision and mission processes, strategy
- Conflict management and mediation in organizations and in teams
- Team-development, especially in combination with outdoor-activities like sailing
- Executive, business and life coaching
- Supervision and teaching supervision/mentoring
- Integrating health-awareness, sensitivity to different phases of life and intercultural aspects into projects where applicable
- Workshops on different topics e.g. biographical work, salutogenesis, public health, conflict management, accompaniment in crises, communication, change management, self-development